A publication of the 502nd Air Base Wing – Joint Base San Antonio

WINGSPREAD

JOINT BASE SAN ANTONIO-RANDOLPH

66th Year • No. 4 • JANUARY 27, 2012

AFSA hosts Adaptive Fitness and Sports Camp

PAGE 9

9 DAYS
JBSA-Randolph Compliance Inspection COUNTDOWN

INSIDE ... DOD RULES OF POLITICAL ACTIVITY, P4 ... TOAST THIS, P5 ... CYBER READINESS INSPECTION, P6

COMMENTARY

Software must be legal, authorized

By Dennis Chambers
27th Special Operations Communications Squadron, Cannon Air Force Base software license manager

"By now, you probably think this whole software installation process has become complicated. As the Base Software License manager, I would be the first to agree. That is why you should leave this process up to the experts – your unit's USLMs and CSAs."

Every day Air Force personnel introduce potential civil and criminal penalties into their computers and make the base network vulnerable. How? They check the "I accept" box and click next to continue.

Before clicking "next," make sure the software is both legal and authorized. Software is legal when it is properly acquired by the Air Force and the proper documentation is maintained. Software is authorized only after it has been cleared through the wing information assurance office and a site certification checklist is completed. Every unit has a unit software license manager to take care of this in conjunction with unit client support administrators.

Every time software is installed, vendors require users to agree to its terms and conditions. How many of us actually read what we are agreeing to?

The terms and conditions vary from vendor to vendor, but almost all include clauses that forbid making anything other than a single back-up of their product or installing it on more than the number of computers for which you bought licenses. Most vendors require that the product is registered as well. For software installed on Air Force computers, registration is mandatory.

In addition to the restrictions imposed by the vendor, the U.S. government and the Air Force have rules to follow as well. The U.S. Copyright Law applies to software and provides that you can make only one backup up copy of software. This is where violation penalties come in. For every instance of illegal/bootleg software, the Air Force and/or responsible individual could be fined up to $400,000 and be imprisoned for up to five years.

Shareware, freeware, or personal software, opens another can of worms. Now, we are getting into the difference between what is legal and what is authorized.

Per Air Force Instruction 33-114, shareware, freeware and personal software are unauthorized on government computers. Indeed, the only software authorized on any Joint Base San Antonio-Randolph computer is on the AF Enterprise Product List.

The Air Force goes to great trouble and expense to verify the software on the AF-EPL will not have a negative security impact on the network. In addition, JBSA-Randolph has a relatively painless process to ensure all commercial off-the-shelf software does not degrade the Air Force network security. This process must be completed before the purchase of all software.

By now, you probably think this whole software installation process has become complicated. As the base software license manager, I would be the first to agree. That is why you should leave this process up to the experts – your unit's USLMs and CSAs.

Joint Base San Antonio-Randolph community connects with base Public Affairs

Want to get in touch with the Joint Base San Antonio-Randolph Public Affairs office? Here's how!

Public Affairs
public.affairs@us.af.mil

Wingspread
502ABW.pa.wingspread@us.af.mil

Straight Talk line
652-SHOW (7469)

Multimedia Customer Service
652-4226

JBSA-Randolph Facebook page
www.facebook.com/pages/RandolphAirForceBase

Call the JBSA-Randolph Public Affairs office directly at 652-4410.

ON THE COVER

Patrick Roberts participates in the wheelchair bowling event Jan. 18 at the Joint Base San Antonio-Randolph bowling alley during the Adaptive Fitness and Sports Camp hosted by the Air Force Services Agency. For more photos of the event, see page 9.
Photo by Rich McFadden

WINGSPREAD

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The deadline for submissions is noon Wednesday the week prior to publication. All submissions can be emailed to 502ABW.pa.wingspread@us.af.mil.

Program assists absentee voters

Joint Base San Antonio-Randolph Public Affairs

State primary elections have begun and the Federal Voting Assistance Program has geared up to help military and U.S. citizens residing overseas to register to vote and request their ballots for absentee voting in the primaries over the next few months and the general election Nov. 6th.

The 2012-13 voting cycle motto is "It's a freedom that you defend – vote!" This is the message Gen. Norton Schwartz, Air Force Chief of Staff, gave in a recent public service announcement that can be viewed on the Air Force homepage at http://www.af.mil/news/video/index.asp.

"Military members do register to vote at a higher rate than the general population," William D'Avanzo, Air Force voting action officer, said. "But we run into trouble when we wait too long to request or return our ballots to our local election officials. It's important for voters to send in their Federal Post Card Application well in advance of an election – preferably a minimum of 90 days beforehand."

Ernesto Canciller, Joint Base San Antonio-Randolph Installation Voting Assistance Officer, heads up the Installation Voter Assistance Office located at Bldg. 200 here.

"We're set up to help members register to vote, request their ballots and even send in a back-up Federal Write In Absentee Ballot in case their state doesn't get their ballot back to them in time." he said. "Squadron members don't even have to leave their units. We have unit voting assistance officers who can walk voters in their squadrons through the process to exercise their right to vote."

The FVAP website is now set up for automated FPCA and FWAB creation for voters unable to get to their local IVAO or UVAO for help. Go to www.fvap.gov and click on the appropriate link in the "Quick Links" area at the bottom of the page. Voters looking for their local Installation Voter Assistance Office can also use the "Quick Links" area by clicking on "Locate a Voting Office Near You".

For more information on the Federal Voting Assistance Program, visit their website at www.fvap.gov.

Air Force completes FY12 civilian workforce restructure

By Ann Stefanek
Air Force News Service

Air Force officials announced 4,500 additional positions for elimination as a continuation of its fiscal year 2012 Civilian Workforce Restructure Jan. 11.

This reduction builds on the realignments announced in November, including the elimination of 9,000 positions and the addition of 5,900 positions against the Air Force's top priorities. In addition, these reductions respond to the Secretary of Defense's direction to target civilian funding at fiscal 2010 levels.

"We value our talented and experienced workforce and are trying to do everything possible to manage these reductions with as little impact to our people as possible," Michael B. Donley, secretary of the Air Force, said.

In an effort to encourage voluntary separations and retirements, the Air Force is currently offering its second round of voluntary separation incentive pay and voluntary early retirement authority programs. Civilian employees received VERA/VSIP eligibility surveys from their personnel managers earlier this month and the applications are due no later than Feb. 3. Approved applications will result in separations or retirements that take effect by April 30.

Air Force officials are still evaluating the need for a reduction in force.

"At this time, we are surveying the workforce for a second round of VERA/VSIP and are in the midst of management reassignments resulting from the first round of the restructure," Brig. Gen. Gina Grosso, director of Manpower, Organization, and Resources, said. "Once we exhaust all voluntary force management measures, a determination will be made whether or not a RIF is necessary. We hope to have more information in the spring."

This announcement marks the end of civilian reductions associated with the Air Force's FY12 civilian workforce restructure.

Rising 5/6 spread warmth

Members of Joint Base San Antonio-Randolph Rising 5/6 hold up the coats collected during "Cold Days, Warm Hearts" during their meeting at the Parr Club Jan 20. The professional organization collected serviceable coats and jackets, took them to the cleaners and are planning to distribute the coats to local charities around San Antonio. The goal was to collect 50 coats, but the organization far exceeded its goal by collecting 98 coats.

Photo by Airman 1st Class Alexis Siekert

NEWS

Rules restrict political activity by DoD personnel

By Donna Miles
American Forces Press Service

With election activity steadily picking up, defense officials are in the process of issuing election-year guidance to remind military and Department of Defense civilians that they're subject to rules regulating their involvement in political activities.

This issue – one the department regularly addresses during election periods – came to light earlier this month after an Army Reserve Soldier in uniform appeared endorsing a political candidate.

Several sets of rules help to protect the integrity of the political process, DoD officials said. DoD Directive 1344.10 applies to members of the armed forces, whether they serve as active duty, as members of the reserve components not on active duty, as National Guard members in a nonfederal status and military retirees.

In addition, the Hatch Act applies to federal civilian employees, and employees also are subject to widely published DoD guidance that discusses participation in political campaigns and elections.

These rules are designed to prevent military members' or federal civilian employees' participation in political activities that imply – or even appear to imply – official sponsorship, approval or endorsement, officials said. The concern, they explained, is that actual or perceived partisanship could undermine the legitimacy of the military profession and department.

That's not to imply, however, that military members and civilian employees can't participate in politics. In fact, DoD has a longstanding policy of encouraging members to carry out the obligations of citizenship, officials said. DoD encourages its military and civilian members to register to vote and vote as they choose, they said.

Both groups can sign nominating petitions for candidates and express their personal opinions about candidates and issues.

However, officials emphasized they can do so only if they don't act as – or aren't perceived as – representatives of the armed forces in carrying out these activities.

Beyond that, the list of do's and don'ts differs depending on whether the employee is a member of the armed forces, a career civil service employee, a political appointee or a member of the career Senior Executive Service, officials said.

Military members, for example, may attend political meetings or rallies only as spectators and not in uniform. They're not permitted to make public political speeches, serve in any official capacity in partisan groups or participate in partisan political campaigns or conventions.

They also are barred from engaging in any political activities while in uniform.

A combat engineer assigned to the 416th Theater Engineer Company potentially violated these rules Jan. 3 when he stepped onto a stage at Ron Paul's headquarters in Ankeny, Iowa, during the Iowa Caucus to offer a personal endorsement. Although he was wearing his uniform, the Soldier was not in an active status at the time, Army Maj. Angela Wallace, an Army Reserve spokeswoman, said.

Wallace emphasized that the Soldier "stands alone in his opinions regarding his political affiliation and beliefs, and his statements and beliefs in no way reflect that of the Army Reserve."

His chain of command is aware of the issue and is considering appropriate disciplinary action to take, she said.

Most civilian DoD employees, whose political activities are governed by the Hatch Act, are permitted to be active in and speak before political gatherings and serve as officers of political parties or partisan groups, officials said. These activities, however, cannot involve fundraising.

Civilian employees also are permitted to manage campaigns, distribute literature, write political articles or serve as a spokesperson for a party or candidate.

There are, however, exceptions to this, including but not limited to Senior Executive Service.

While the do's and don'ts concerning political activity may vary, the basic tenets hold true for all DoD employees.

The bottom line, officials said, is that they should steer clear of any activity that may be reasonably viewed as directly or indirectly associating DoD or the military with a partisan political activity, or that "is otherwise contrary to the spirit or intent" of the rules described.

AETC: Historically developing America's Airmen

By Dianne Moffett
Air Education and Training Command Public Affairs

Story at a Glance

- Jan. 23 marked Air Education and Training Command's 70th anniversary.
- AETC recruits, assesses, commissions, educates and trains Air Force enlisted and officer personnel.
- The command also conducts joint medical service, readiness and Air Force security assistance training.

The demand for flying training caused by the United States' entry into World War II after the attack on Pearl Harbor resulted in the creation of the Air Corps Flying Training Command Jan. 23, 1942.

Today marks Air Education and Training Command's 70th anniversary. After several re-designations, the Air Corps Flying Training Command became Air Training Command and finally Air Education and Training Command, headquartered at Joint Base San Antonio-Randolph.

AETC recruits, assesses, commissions, educates and trains Air Force enlisted and officer personnel. It provides basic military training, initial and advanced technical training, flying training, and professional military and degree-granting professional education.

The command also conducts joint medical service, readiness and training to build partnerships with foreign air forces.

Training conducted at AETC bases provides the major Air Force commands and combatant commanders with skilled, expert Airmen who are able to perform at the highest level whether they are at home running nuclear enterprises or overseas in war zones.

Today, AETC consists of 12 bases and is hosted at four more. The command is home to more than 56,000 active-duty members, 16,000 civilians and 4,000 Air National Guard and Air Force Reserve personnel. More than 6,000 Airmen from AETC are also deployed around the world in today's fight.

"Major transformations in training and education came to AETC after the Persian Gulf War and 1992 was designated the "Year of Training," Ann Hussey, AETC historian, said.

The initiative to create a single and consistent education and training structure for officer, enlisted and civilian personnel led to AETC's current designation.

"The 'Year of Training' revamped the Air Force's education and training requiring all enlisted personnel attend technical training," Hussey said. "The goal was to make all Air Force members mission ready upon arrival at their first duty station."

The Air Force merged Air University and ATC July 1, 1993, re-designating the command to AETC. The command gained two numbered Air Forces, the 19th Air Force to oversee flying training from JBSA-Randolph, and the Second Air Force to manage basic and technical training from Keesler Air Force Base, Miss.

Hussey said what is most significant at AETC today is its focus on modernization and enhancing the level of education for all Airmen.

"New advanced weapons systems, such as the C-130 J at Little Rock AFB, Ark., the F-22 at Tyndall AFB, Fla., the F-35 at Eglin AFB, Fla., and the CV-22 at Kirtland AFB, N.M., requires highly skilled trainers, pilots and maintainers," Hussey said.

Throughout its history, AETC, known as the "First Command," has been committed to creating innovative training and education programs built on the achievements and hard work of thousands of dedicated men and women.

AETC's foundation for success in the Air Force will continue to advance its programs "to develop America's Airmen today... for tomorrow."

Strictly speaking: Toastmasters develops better speakers, leaders

By Alex Salinas
Joint Base San Antonio-Randolph Public Affairs

Toastmasters International, an organization dedicated to building its members' speaking and leadership skills, is something of an anomaly in an American climate that has statistically decreased its political and civil participation.

In Robert Putnam's book "Bowling Alone: The Collapse and Revival of American Community," he likened the lack of civic engagement in the U.S. to a lack of participation in bowling leagues. More people are going out to bowl, according to Putnam, but less people are bowling within clubs and leagues, which essentially help educate and enrich its patrons' social lives.

For Chris Schloemer, Randolph Toastmasters Club vice president of education, TI is an opportunity for people to build professional skills, engage in their community and ultimately enhance their lives, more specifically maximizing what Putnam called social capital, the value of social relations and its benefits toward society.

"We help our members reach their personal educational goals," Schloemer said. "Our meetings we host as a club are fun, but everyone gets credit for them in some way. TI allows someone to better themselves as a whole."

TI, founded in 1924, has more than 270,000 members representing more than 13,000 separate clubs, of which the Randolph Toastmasters Club has been a part of for more than 50 years.

Those 18 years old and up are eligible to join the various TI clubs. A new member can expect to pay $86 for club membership for the first year, including a one-time $20 new member fee. Once the member joins, they will receive a new member kit as well as two manuals, one focused on building better speaking skills and the other on building better leadership skills.

The manuals are the foundation for which TI members grow within the organization.

Members, at their own pace, choose which manual to work from, which gives them objectives they must achieve in order to gain rank within the organization. Whether they work out of the speech or leadership manual, participants are engaged and evaluated by fellow members within their club.

Meetings are essential to the success of TI clubs, where most members gain experience from.

Amy Espinoza, a 14-year member of Randolph Toastmasters Club, earned the highest title in TI, distinguished toastmaster.

"I felt intimidated when I first heard about TI," Espinoza said. "It takes a lot of guts to get up and make a speech."

However, with dedication to the program, Espinoza fulfilled the requirements from both manuals to become a distinguished toastmaster, and said TI has helped her not only become a better speaker, but a better leader.

So what does a typical Randolph Toastmasters Club meeting look like?

They are one-hour-long organized meetings that are called to order by presiding officers, after which the real fun begins.

There is a word of the day, joke of the day, educational tip of the day, followed by the rounds of speakers planned to speak for that day. The topics the members speak about are governed by their objective from the manual, and are unknown to the audience of other members except those who evaluate the speeches.

"One of the best ways we grow as speakers is to be evaluated," Deborah Arrington, Randolph Toastmasters Club president, said.

The evaluation process should not be seen as a critique, but rather as a group effort to improve one's speaking abilities from a team/club perspective.

There is even a round of improvisational speaking, where members are randomly selected to speak extemporaneously about something for one minute.

"Everybody in the room is rooting for you," George Houtman, Randolph Toastmasters Club sergeant-at-arms, said.

Houtman, who joined TI in 1979, said speaking jitters are still there for most people who speak within the club.

"They never really go away, but this is not like speech class," he said. "The goal of a speech is to just get up there and do it. That's more than half the battle."

"If you're not nervous, you're not breathing," Adrian Huddleston, Randolph Toastmasters Club vice president of membership, said. "We help combat that fear you might have, and build a more confident you. TI is a great career move, and we help make anyone more marketable and indispensable to other organizations."

Schloemer said Randolph Toastmasters club is not only for base members, but for anyone willing to join.

Randolph Toastmasters Club meets the last Monday of every month at Mr. Gatti's on Pat Booker Road at 7 p.m. in addition to their weekly base meetings. For more information, visit their website at http://randolph.freetoasthost.org/index.html or email Deborah Arrington at darrington@satx.rr.com.

Numerous materials including used oil, plastic or glass bottles, used electronics, cardboard, paper, aluminum cans and various other scrap metals can be dropped off at the Joint Base San Antonio-Randolph Recycle Center. Items are accepted from both the home and workplace.

For more information, visit the JBSA-Randolph Recycle Center, located in Bldg. 1152, or call the JBSA-Randolph Recycle Team at 652-5606 or 652-1160.

John Hipp, 902nd Communications Squadron senior information protection technician, checks a mainframe computer for vulnerabilities at the 902nd CS building on Joint Base San Antonio-Randolph Jan. 18. 902nd CS is JBSA-Randolph's first line of defense against cyber attacks.
Photos by Rich McFadden

FEATURE

DISA team to test JBSA-Randolph's cyber security during upcoming inspection

By Robert Goetz
Joint Base San Antonio-Randolph Public Affairs

A team of inspectors from the Defense Information Systems Agency will visit Joint Base San Antonio-Randolph next week to evaluate the base community's cyber security efforts.

As part of the five-day Command Cyber Readiness Inspection that begins Monday, the DISA team will assess JBSA-Randolph's compliance with information assurance polices, as well as the base community's ability to provide security for its classified and unclassified computer networks.

"This is a major inspection on the same level as an operational readiness inspection," Tommy Garcia, 902nd Communications Squadron vulnerability management specialist, said.

He said the success of the inspection depends on the attention active-duty members, Department of Defense civilians and contractors pay to cyber security – taking steps such as removing their common access cards from their computers when they leave their desks, not downloading email attachments from unknown senders, protecting passwords and personal identification numbers, never using unauthorized Universal Serial Bus devices and "challenging" unfamiliar people in the work area, making sure visitors are supposed to be there and providing escorts when necessary.

"Protecting our network requires all users to fully embrace the cyber culture," Garcia said. "The base users must thoroughly understand and uphold their responsibility to protect our network."

One of the areas in which the base community is showing significant improvement is in the reduction of unauthorized USB port usage, he said, referring to devices such as thumb drives, iPods and cellphones that cannot be connected to a USB port on the JBSA-Randolph network.

"We have reduced unauthorized USB port usage from 188 in 2010 to 71 in 2011," Garcia said.

Brig. Gen. Theresa Carter, JBSA commander, said members of the JBSA community should guard against complacency.

"We're accustomed to thinking of warfare in conventional terms, but the landscape has been changing rapidly," she said. "All of us walk point now on the cyberspace battlefront. The enemy is clever and may attempt to exploit us with methods that appear harmless, even friendly."

Garcia said DISA inspectors, who will visit locations throughout the base, may employ these methods, using social engineering techniques to test the cyber awareness of JBSA-Randolph personnel.

Joe Harris, 902nd CS wing information assurance chief, said it's important personnel know their unit information assurance officer – not just for the inspection, but at all times.

"They are your first contact in regard to security issues," he said. "You should work through them because they know base policies and can answer your questions."

Garcia said the inspection will test "how we're doing as a base to secure our house.

"We have to continue to push the policies and make sure everybody is in compliance with them, ensuring we're doing things right as far as security goes," he said.

Carter called cyber security within JBSA "everyone's responsibility."

"It requires constant vigilance," she said. "Activities that are seemingly innocuous can have devastating consequences in the cyber domain."

Carter said information protection and cyber activities "require attention to detail and awareness of potential consequences associated with carelessness.

"Remember, once information is sent into the cyber domain, it's there forever," she said. "We've seen too many incidents lately where service members lost that situational awareness, leading to embarrassing and harmful results."

Keeping Computers On Lock Down

Cyber Computer Readiness Inspection

Joint Base San Antonio-Randolph is ready for its Cyber Readiness Inspection Jan. 30-Feb. 3.

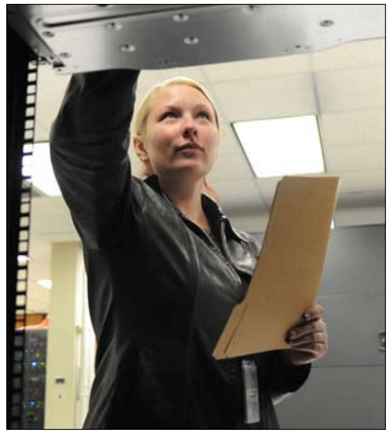
Inspectors from the Defense Information Security Agency will assess Randolph's compliance with information assurance policies, traditional and physical security, are all aspects of the Non-secure Internet Protocol Router Network and Secret Internet Protocol Router Network.

Base users must thoroughly understand and uphold their responsibility to protect the network.

- Lock computers and remove common access cards when not at the desk.
- Never download email attachments from unknown senders.
- Treat all passwords and PINs like a toothbrush, don't share them with others.
- Always back up data and store it in a separate, secured location.
- Connect to only secured wireless networks and avoid unsecured Wi-Fi connections.
- Never use unauthorized USB devices and never plug a phone into the computer.
- Protect Personal Identifiable Information (PII) data by encrypting email.
- Report spam and scams to the Information Assurance Officer. Never forward them.
- Limit the amount of personal information posted on social networking sites.
- Secure the office when empty and before departing for the day.
- Challenge anyone loitering near offices, communications closets, etc.
- Observe access control procedures at all times.
- Control the movement of visitors within the facility, provide escorts when necessary and make sure all visitors are supposed to be there.
- Report suspicious requests for information to the security manager or supervisor.

Above: Senior Airman Rachel Meyer, 902nd Communications Squadron client support technician, opens a trouble ticket for a customer at the 902nd CS on Joint Base San Antonio-Randolph Jan. 18.
Left: Marcus Hughes, 902nd Communications Squadron information protection technician, works on a hard disk drive assembly Jan. 18.

Above: Silvia Ferrell, 902nd Communications Squadron client support center information technology lead, puts a laptop computer in secure storage at the 902nd CS on Joint Base San Antonio-Randolph Jan. 18.



Left: Shana Smith, 902nd Communications Squadron information protection technician, checks a mainframe computer for vulnerabilities on Joint Base San Antonio-Randolph Jan. 18.

RANDOLPH AIR FORCE BASE
FORCE SUPPORT SQUADRON
www.RandolphFSS.com

902nd Force Support Squadron Briefs

MISCELLANEOUS

• Super Bowl parties

Super Bowl parties will take place at both the Kendrick and Parr Clubs Feb. 5. The Nite Club in the Kendrick Club opens at 11 a.m. for a tailgate party and doesn't close until the game is over. Silver Eagle Distributors and the Bud Girls will also be at the Kendrick Club during the pre-game with prizes and beer specials. Gil's Pub opens at 3 p.m. for a private VIP party. The names of those who participated in Football Frenzy events throughout the season will be on the list. All others can enjoy watching the game on 10 flat-screen TVs and a pull-down screen in the Nite Club.

For those who want to party at the Parr Club, the Auger Inn opens at 3 p.m. The specials in both clubs are sliced steak sandwiches with "Texas Toothpicks" for only $8.95 or Buffalo chicken sandwiches with fries for $6.95 ($2 more for nonmembers). The football menu is also available from 11 a.m. to halftime. At halftime, there will be a complimentary chili and nacho bar in the lobby of both clubs.

Great food, super door prizes, lots of noise and friendly rivalries will be going on all night long. The grand prize will be a HD flat screen TV. You must be a Randolph club member to win. No federal endorsement of sponsor intended.

AIRMAN & FAMILY READINESS – 652–5321

• HeartLink

All spouses new to the military or San Antonio are invited to attend HeartLink Jan. 31, 8:30 a.m.-2 p.m., to hear about services and programs available to them.

A light breakfast and lunch will be served and there will be door prizes. Call 652-5321 and mention HeartLink to arrange for free child care and to register.

• Resume writing workshop

Learn new techniques that will assist in job searching and application. Call 652-5321 to sign up for the workshop Thursday, 11:30 a.m.-1 p.m.

INFORMATION, TICKETS & TRAVEL – 652-5640

• Leisure Travel open house

Leisure Travel is hosting an open house at ITT, Bldg. 897, Thursday, 11 a.m.-2 p.m. Meet Keta, a travel agent whose primary job is to create a personalized travel experience for each client. There will also be door prizes and complimentary refreshments.

OUTDOOR RECREATION – 652-5640

• Bargain Warehouse

The Bargain Warehouse is scheduled Feb. 8 in Bldg. 1139 from 8-9 a.m. for E1-E6 and from 10 a.m.-2 p.m. for all other DoD ID cardholders. Only checks and cash are accepted as payment.

A limited number of people will be allowed in the building at one time, so come prepared to stand in line. It is recommended to bring an umbrella, a coat and water to ensure comfort while waiting. For more information call 652-5268.

PARR CLUB – 652-4864

• Curbside service

Starting Wednesday, the Parr Club will offer curbside service with "gyros to go." Call 658-7445, 658-7446 or 658-7447 Tuesday-Friday anytime during the day and order a gyro to go. Payment is required when you place the order.

The gyro meat is marinated and cooked vertically on a spit and then sliced in thin pieces. It is put on a pita, covered in homemade tzatziki with diced onions and tomatoes; $6.95 for members or $8.95 for nonmembers.

Customers may also order a Greek salad for $2.50, large fries for $1.50, watermelon and apple slices for $2 and baklava for $1.50. Or they can order a gyro combo with a salad and fries; $9 for members or $11 for nonmembers. Coupons will be accepted.

• 2-4-1 steak night

Purchase an eight-ounce ribeye for $12.95 or 10-ounce New York strip for $17.95 Thursday and get one free. The a la carte menu will also be available.

RAMBLER FITNESS CENTER – 652-2955

• Run/bike/run

Push the limits Feb. 4 at 7 a.m. at Eberle Park and run a 5K, bike 10 miles and then run a mile and a half. This event is sponsored by Randolph Family Housing. No federal endorsement of sponsor intended.

YOUTH PROGRAMS – 652-3298

• You Got Talent family and teen talent contest

Randolph youth Programs invites everyone to view a wonderful event of family entertainment Feb. 17 at 6 p.m. at the Airman and Family Readiness Center Ballroom. Eligible youth, ages 6-18, and family members will compete in solo, group, instrumental, singing and variety categories.

Those interested in participating in the talent show can call 652-3298 for more information. Registration ends Feb. 10.

SPORTS — HEALTH — FITNESS

Sports BRIEFS

Youth Sports Registration

Registration for the following youth sports runs Wednesday through Feb. 29. All youth must have a current physical, immunizations and a sports registration form on file. The cost is $45 per child.

- T-Ball (co-ed) for youth 5-6 years (must be 5 by March 15)
- Coach Pitch (co-ed) for youth ages 7-8
- Boys' baseball or girls' softball for youth ages 9-18

Li'l Renegades basketball

Li'l Renegades is a parent/child program that helps 3- and 4-year-old children build confidence while learning basic basketball skills. Register at Youth Programs, Bldg. 585, Wednesday through Feb. 29. The cost is $40 per child, and the program runs for six weeks beginning in March.

New Year, New You

The Rambler Fitness Center offers a self-monitored program, "New Year, New You," during normal operating hours. "New Year, New You" cards are available from the staff. The year-long program involves running/walking 70 miles, attending 24 group aerobic classes and biking 36 miles.

Attention bikers

The fitness center offers bike rides every Thursday, 11:30 a.m.-12:30 p.m. A road bike or cyclo-cross bike in good working condition is needed. Appropriate cycling attire and gear are required. These rides are led by a member of USA Cycling.

Randolph Oaks Golf Course

• Youth golf special

Youth (18 and younger) can golf with their parents (or an adult) Monday-Friday (no holidays) at 4 p.m. for only $2. All adults golfing with youth pay $3.

Adaptive sports camp puts Wounded Warriors back in game of life

The Air Force Services Agency and U.S. Paralympics hosted the inaugural Joint Adaptive Fitness and Sports Camp at Joint Base San Antonio-Randolph and Fort Sam Houston Jan. 17-21.

The adaptive sports camp is a quality-of-life program for wounded, ill and injured warriors. Approximately 35 Air Force, Navy and U.S. Special Operations Command wounded, ill and injured warriors participated in various adaptive fitness and sports programs including adaptive bowling and golf, sitting volleyball, wheelchair basketball, cycling, aquatics and strength and conditioning.

This program was created to show these warriors how they can continue living a healthy, active, physically satisfying life despite combat or other injuries, or health-related challenges they face as a resutl of their U.S. military service.

Photo by Dona Fair

Photo by Don Lindsey

Above: Johnnie Yellock, Adaptive Fitness and Sports Camp participant, tries his hand at wheelchair bowling at the bowling alley on Joint Base San Antonio-Randolph Jan. 18. Air Force, Navy and U.S. Special Operations Command Wounded Warriors participated in the inaugural Adaptive Fitness and Sports Camp held at JBSA-Randolph and JBSA-Fort Sam Houston Jan. 18-21.

Left: Participants in the Air Force Adaptive Fitness and Sports Camp play wheelchair basketball at the Rambler Fitness Center here Jan. 19.

Photo by Don Lindsey

Strength conditioning coach Heather Pennington teaches participants how to keep their balance while performing strength-conditioning exercises at the Rambler Fitness Center during the Air Force Adaptive Fitness and Sports Camp on Joint Base San Antonio-Randolph Jan. 20.

Photo by Rich McFadden

Adaptive Fitness and Sports Camp participants prepare for a bike race at Eberle Park on Joint Base San Antonio-Randolph Jan. 19.

NOW SHOWING at JBSA-Randolph Theater

"Sherlock Holmes" (PG-13)
Robert Downey Jr., Jude Law, Kelly Reilly
Today at 7 p.m. and Saturday at 6 p.m.

"The Muppets" (PG)
Jason Segel, Amy Adams, Chris Cooper
Sunday at 3 p.m.

$4.50 for adults – $2.25 for children 11 and younger

JBSA Randolph Chapel

• CATHOLIC
Daily Mass - Monday-Friday
11:30 a.m. - Chapel 1
Saturday Mass
5:30 p.m. - Chapel 1
Sunday Mass
8:30 a.m. - Chapel 1
11:30 a.m. - Chapel 1
Confession - Saturday
4:30 p.m. - Chapel 1
Sunday Religious Education
9:45-11 a.m.
Bldg. 208

• PROTESTANT
Traditional Sunday Service
8:15 a.m. - Base theater
Contemporary Sunday Service
11 a.m. - Base theater
Sunday Religious Education
9:30-11:30 a.m.
Bldg. 103

For more information, call the Chapel Center at 652-6121

Base BRIEFS

Chapel staff relocation

The Joint Base San Antonio-Randolph chapel staff will be relocated from the Chapel Annex, Bldg. 103, to the basement of Bldg. 100, Jan. 31- Feb. 13. During this time, there will be no facility reservation or usage or equipment check out. All phone numbers will remain the same. For questions or concerns, call 652-6121.

Soul Food Sampler

The African American Heritage Committee hosts a "Soul Food" Sampler Feb. 3, 11 a.m.-1 p.m., at the community center.

For ticket information, call Capt. Cathy Harris at 565-4026 or Master Sgt. Walter Medina at 565-4066. Proceeds will be donated to the Joint Base San Antonio-Fort Sam Houston Fisher House.

Legacy Ball

The African American Heritage Committee hosts the third annual Legacy Ball Feb. 18 at 6 p.m. at the JW Marriott Hill Country Resort and Spa. To RSVP, call Tech. Sgt. Letosha Shepherd at 625-6658.

Construction on Fifth Street West

The deployable denial barriers at the West Gate across Fifth Street West are under construction. The contractors will be working on one lane at a time today and Saturday. Cones and a vehicle with flashers and signage will be used to block off the lane currently being worked on. For more information, call Joe Domeier at 508-2870.